



North Yorkshire Health Task Group feedback

Julie Dodworth



We talked about the draft terms of reference for this group. These are the rules of the group and the work we will do.



We agreed that the terms of reference are ready to be shared with other groups. Learning Disability liaison nurses, Ben Haywood and Jo Blades have been invited to our next meeting.



Jamie went to a meeting about the NHS 10 year plan. There were lots of professionals there but not many with a learning disability.

Jamie told us about the main areas which are;

- Better start
- Better health
- Better care
- Better lives
- Better value
- All means all





We talked about the 'live well, live longer' health part of the action plan. The action plan is really big and we can't do everything at once.



We all voted on which was most important to work on and decided training health care professionals was really important.



We have already done lots of work about annual health checks so this part of the Live Well, Live Longer plan is almost finished.

We had a discussion about the importance of having a flu jab. Self-advocates shared these leaflets across North Yorkshire.



In Hambleton and Richmondshire Local Area Group, we had a discussion about hospital passports. A hospital passport gives nurses and doctors important information about a person.

The group worked together to write a letter to send to social care staff to explain why a hospital passport is important.



Healthwatch North Yorkshire want to train people with a learning disability to check services.



They would talk to people who live there about how they feel and if they would like to make any changes.

This would then be shared with Healthwatch.



The Bradford Healthier Lives meeting talked about constipation and visited Bradford People First to talk about having this training for people with learning disabilities across Bradford and Craven.

A training session for people living in Craven is being planned for May.